

## \_\_\_\_\_ 'S NATURE JOURNAL

### Write a Story About Your Day

Keeping a journal helps you to remember the interesting things you see during the day, and lets you tell the story of how what you see is interesting to you. Be sure to also write about a pictures you take. Some starter ideas:

- Count the different types of plants you see. Do they have interesting colors or shapes?
- Do you hear animals around you? What animals are they, and what do they sound like?
- Do you see something you have never seen before? What is it and what is special about it?

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### Draw What You Saw

What did you see on today's adventure? Draw a picture of your favorite time today, or the favorite thing you saw.



Brought to you by REI, The Nature Conservancy, US Fish and Wildlife Service, American Heart Association, American Camp Association, ecoAmerica, and Children & Nature Network